

# Protecting Our Planet Starts With You



When you further your own education you can help others understand the importance and value of our natural resources.



**Bike More**  
Drive Less  
Use Trains & Buses  
& e-cars



Cut down on what you throw away. Follow the three "R's" to conserve natural resources and landfill space.



Trees provide food and oxygen. They help save energy, clean the air, & help combat climate change.



Volunteer for clean-ups in your community. You can get involved in protecting the local biodiversity too!



Buy less plastic and toxic chemicals and take a reusable shopping bag or container.



**SUSTAINABLE**  
Learn how to make smarter, healthier, local food choices



**INSULATE**  
&  
Reduce home energy consumption

Buxton Environment Action